DEFINITIONS

To Rinse: Use warm water, air dry on a paper towel
To Wash: Use dish detergent and warm water, rinse well and air dry on a paper towel
To Disinfect: Soak in 3 parts water and 1 part white vinegar for 30 minutes, rinse well

OXYGEN

☐ Nasal cannula
  – wash as needed; replace every 2 weeks or as needed

☐ Extension tubing
  – replace every 1–3 months or as needed

☐ Humidifier bottles
  – empty daily and refill with distilled water
  – wash, rinse and disinfect 2 times a week
  – replace monthly or as needed

☐ Concentrator filters
  – wash and dry once a week and as needed

CPAP / BILEVEL

☐ Hoses
  – drain water and air dry daily; wash 2 or more times a week

☐ Masks / Nasal Pillows
  – wash 2 or more times a week; replace as needed

☐ Humidifier chambers
  – empty water daily and refill with distilled water
  – wash, rinse and disinfect 2 times a week; replace as needed

☐ Filters (depending on model)
  – wash or replace as directed and as needed

APNEA MONITORS

☐ Belts
  – wash by hand, rinse and air dry; replace as needed

☐ Electrodes
  – black rubber: wash as needed, replace as needed

☐ Lead wires
  – replace as needed
PULSE OXIMETER PROBES

- Disposables
  - replace as needed (be sensitive to cost and insurance reimbursement)
- Non-disposable
  - wipe gently with alcohol as needed

MEDICATION NEBULIZERS

- Rinse after each treatment and let air dry
- Wash once a day
- Disinfect 2 or more times a week; replace as needed
- Aerosol mask – wash and rinse daily, let air dry; replace as needed

LARGE VOLUME NEBULIZERS

- Empty daily and refill with distilled water, sterile water or as directed by the therapist
- Wash and disinfect 2–3 times a week; replace as needed
- Trach collar / mask – wash daily; replace as needed
- Corrugated tubing
  - Never drain water back into the nebulizer
  - replace tubing once a week
- Collection bag – empty as needed; replace as needed

SUCTION

- Canister – empty, wash and rinse daily; replace as needed
- Connecting tubing – rinse after each use; replace as needed
- Filters – replace as needed

VENTILATORS

- Refer to instructions provided by your AtHome Medical’s Respiratory Therapist

INSTRUCTIONS: